Create Your Own Custom Affirmations

Write down two or three goals for what you are looking to create, accomplish and embody below or in your favorite journal.

Goal 1:

Goal 2:

Goal 3:

Now get creative and play with creating your own Affirmations that will support you in becoming the person who achieves/accomplishes/embodies your goals. Focus on how you feel in this now moment and who you've become/evolved into, acting as if you've already surpassed your goals. Feel free to finish the phrase or sentence below, or create your own in your favorite journal.

IAM

IAM

IAM

IAM

I AM

I AM CREATING

I AM CREATING

I AM CREATING

IAM CREATING

I AM CREATING

I AM SUCCESSFUL AT

I AM GRATEFUL FOR

You may want to incorporate your new Goals and Affirmations into your daily rituals, perhaps in the morning as you begin your day. Then take inspired action to become/embody the person who has already achieved your goals and allow the Universe to orchestrate Magic & Miracles for you.